

Freedom in 2012 – Become the True You



The PRISM Weight Loss Program is a Christian oriented program. It is a complete, 24 plus weeks' program divided into four or more six week phases. Participation is optional for each six week phase, enabling you to choose how long you will stay in the program. Each phase includes curriculum that you read daily and a weekly video presentation.

Free Introductory Meeting – Wednesday Jan. 18th @ 6 PM

Hosted by Chris Ulvin @

Christ Our Savior United Methodist Church

5027 West Columbia Way (formerly Ave M) Quartz Hill, CA

For more information call 661-816-0038 or 943-2774

Cost for Phase One is \$55.00 – each additional Phase is \$45.00

Phase I will begin on Wednesday January 27th @ 6:00PM

Visit www.pwlp.com to learn more.

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